

# Food Science Sweden

Chalmers | LTH | RISE | SLU | OrU | KTH

## CONFERENCE PROGRAMME 2026-04-23

09:00-09:45 Registration and morning coffee

09:45-09:50 Welcome to Lund University

09:50-09:55 Introduction - Food Science Sweden

Represented by Anna Fureby and Fancisco Vilaplana

10:00-10:30 Lilia Ahrné, SLU

Understanding Food Processing - rationale and challenges



10:30-11:00 Andreas Håkansson, Lund University.

The real danger of ultra-processed foods - a food engineering perspective



11:00-11:20 Coffee break

11:20-11:50 Simon Dankel, University of Bergen

A Perfect Storm of Processing: How Industrial Refinement Created Ultra Processed Dietary Patterns and Their Health Consequences



11:50-12:10 Panel discussion: How to be younger researchers

12:10-13:00 Lunch break & Poster session

13:00-13:30 LiFT PhD-student presentations

13:30-13:45 FORMAS

13:45-14:15 Susanne Bügel, University of Copenhagen

Ultra-processed food and health - from a nutritional perspective



14:15-15:15 Poster session with coffee

15:15-15:45 Susanne Bryngelsson, RISE

Food processing in dietary guidelines



15:45-16:15 Summarizing Panel of the day with the presenters, Formas, Li

16:15-16:25 Closing session

16:30-17:00 Guided tour in Pilot Hall